

Allergen Advice

*fried in same oil as items containing gluten, eggs, Soy, Milk, nuts and peanuts

1- May contain traces of

^served with salad dressing unless requested otherwise

V- suitable for vegetarians

Ve- suitable for vegans

(Gf) – can be made suitable for Celiacs

(Ve) – can be made suitable for vegans

(Nu) – Can be made suitable for nut allergy sufferers if requested

- The Veggie and Vegan Joint, along with the Mushroom Burger, Vegan Beef Burger and Sweet Potato Burger, are not gluten-free.
- The Beetroot and Feta Burger is gluten-free, although not suitable for coeliacs, as we use rolled oats in there and they may contain traces of gluten.
- All meat Burgers are gluten-free.
- Our fryers only cook non meat products, so nothing cooked in them will have had any meat contamination.
- Our Veggie Burgers are fried in the same oil as everything else so even though our fries etc are gluten-free, if you are coeliac they're not suitable for you as they may contain traces of gluten.
- The Veggie and Vegan Joint contain nuts and are fried in the same oil as everything else, so if you have a serious nut allergy you should avoid all fried food.
- The vegan burgers are usually deep fried in the same oil as the other veggie burgers and halloumi, which are not vegan. If this is not suitable for you we are able to pan fry the burger. Unfortunately then you are unable to eat any of our fried products either as they are also all cooked in the same oil.

Starters and Light Bites

	None	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Olives Ve	✓														
Pistachios Ve									✓			✓			
Garlic Bread V		✓						✓							
Chilli cheese fries		1 *				*		✓	1 *			✓			
Vegan Nachos Ve	✓														
Bruschetta V (ve)		✓						✓							
Chicken wings		✓					✓			✓	✓		✓		
Nachos V								✓							
Cheesy garlic bread V		✓						✓				✓			

Burgers

	None	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Beef				✓					1						
Lamb				✓					1						
Chicken	✓														
Peri chicken									1				✓		
Wild boar									1						
Venison				✓											
Hot dog		✓											✓		
Beetroot & Feta V		1		✓		*	*	✓	1 *						
Vegan Joint Ve		✓				✓	*		✓						
Veggie Joint V		✓		✓		✓	*		✓						
Mushroom V		✓				*	*	✓	1 *						
Vegan Beef Ve		✓					✓		1 *						
Sweet Pot & Bean Ve		✓				*	*		*						
Ciabatta bun Ve		✓													
Brioche bun Ve		✓													
Granary Roll Ve		✓													
Hot dog bun V		✓		✓				✓							
Gluten free bun V				✓					1						

Toppings

	None	Gluten	Crustacean s	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Cheddar V								✓							
Applewood Cheddar V								✓							
American Cheese V								✓							
Vegan Cheese Ve	✓														
Swiss V								✓							
Monterey jack V								✓							
Halloumi V (Nu)		*				*	*	✓	*						
Brie V								✓							
Blue cheese V								✓							
Back bacon	✓														
Streaky bacon	✓														
BBQ pulled pork		1							1	✓	✓				
Chilli con carne		1							1						
Chorizo								✓							
Black pudding		✓													
Roasted peppers Ve	✓														
Chopped Olives Ve	✓														
Jalapenos Ve	✓														
Pineapple Ve	✓														
Guacamole Ve	✓														
Fried Egg V				✓											
Mushrooms Ve	✓														
Onions Ve	✓														
Hash brown Ve		*				*	*		*						
Onion rings Ve		✓				*	*		*						
Tortilla chips VE	✓														
Mac N Cheese V		✓						✓							
Coleslaw V				✓							✓		✓		
Pulled Jackfruit Ve		1							1	✓	✓		✓		

Sauces

	None	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Relish Ve									1	✓			✓		
BBQ Ve										✓	✓		✓		
Chilli Ve									1	✓		✓	✓		
Super chilli Ve									1	✓			✓		
Peanut butter Ve						✓									
Mayo V				✓											
Garlic mayo V				✓											
Dijonnaise V				✓							✓				
Truffle mayo V				✓											
Siracha mayo V				✓									✓		
Franks Sauce Ve													✓		
Vegan Mayo Ve							✓				✓				
Vegan G Mayo Ve							✓				✓				
1000 island V				✓					1	✓	✓		✓		
English mustard Ve		✓									✓				
Tzatziki V								✓							
Apple sauce Ve													✓		
Salsa Ve	✓														
Sour cream V								✓							
Ketchup Ve										✓			✓		
Sweet chilli Ve	✓														
American mustard Ve											✓				
Cranberry Ve	✓														
Blue Cheese Dip V				✓				✓							
Baconnaise				✓					1		✓				

Sides

	None	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Thick chips Ve		*				*	*		*						
French fries Ve		*				*	*		*						
Truffle & Parmesan Fries		*				*	*	✓	*						
Sweet potato chips Ve		*				*	*		*						
Hash browns Ve		*				*	*		*						
Onion rings Ve		✓				*	*		*						
Coleslaw V				✓							✓		✓		
Mac n Cheese V		✓						✓							
Roast Veg Ve	✓														
Corn on cob with butter V(Ve)								✓							
Green salad without dressing^ Ve	✓														
Green beans without dressing^ Ve	✓														
Salad dressing Ve											✓		✓		

Salads

	None	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Burger salad without dressing^ Ve	✓														
Salad dressing Ve											✓		✓		
Moroccan chicken^ (gf)		✓							1		✓		✓		
Goats cheese and bacon^								✓			✓		✓		
Goats cheese and peppers^ V								✓			✓	✓			
Roasted veg salad^ V(Ve) (gf)		✓						✓			✓	✓			

Desserts

	None	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Vanilla ice cream~V								✓							
Strawberry ice cream~ V								✓							
Chocolate ice cream~ V								✓							
Chocolate Brownie+ V		✓		✓				✓							
Cheesecake V		✓						✓							
Sticky Toffee+ V (Ve)		✓		✓				✓	✓ 1			✓			

+served with vanilla ice cream

~served with a wafer straw containing gluten